



Dr Julia Sen

MEDICAL . SURGICAL . AESTHETIC

Chemical Peels

Chemical peels are treatments in which various chemicals with an acidic composition are applied to the skin in order to remove surface dead skin cells, stimulate production of new cells and collagen, reduce pigmentation irregularities. Some peels are designed to treat acne and related scarring.

Indications

Fine lines and wrinkles

Dark under-eye circles

Dull skin texture

Pigmentation (age spots, freckles, melasma)

Scarring including acne scars

Active acne

Rosacea

Preparing for a Chemical Peel

No make-up should be worn. It is advisable to wear dark clothes as the peel solution may stain light coloured fabrics. If you suffer from cold sores it is important to state this so that prophylactic medication can be prescribed before the treatment is undertaken. We recommend you download the VI Peel App on your phone or device.

During the treatment

The skin is thoroughly cleansed with an agent that removes excess oils (acetone). The peel is then applied to the skin. This will feel warm during application but this usually only lasts a few minutes after which there may be slight tingling but no discomfort. The treated skin will have a golden tinge. You may then return to normal activities, although exercise should be avoided until you cleanse your skin 4 hours later using the gentle cleansing gel provided. You will be provided with a number of towlettes, SPF 50 and some soothing cream to use as per the VI Peel app or written instructions provided.

What to expect following a Chemical Peel

Your skin is likely to appear quite dull for the first 2-3 days. Most people will then experience peeling and dryness for several days. The new skin is very susceptible to UV light. We can recommend a rich emollient cream or serum to use during the first week if you wish; alternatively coconut oil several times each day, as required. Your rejuvenated skin will start to show through after two weeks of the peel being applied.

Possible unwanted effects

Redness

Dryness

Acne break-outs

Allergy

Cold sores (if susceptible)

Eczema (if susceptible)

Contra-indications

Skin sores, rash, pimples, hives, cysts or infection

Known allergy or sensitivity to any of the ingredients

Pregnancy and breastfeeding



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Prices

Full face, neck, décolletage	£395
Eyelids only	£195
Body (depending on size of area)	from £395